Suturing 2ⁿᵈ degree

GynZone®
WE SHARE WOMEN'S CARE

Perineal lacerations of 2ⁿᵈ degree

Hands-on workshop on how to diagnose and repair 2ⁿᵈ degree perineal lacerations
It is mandatory to participate in a workshop on 1ˢᵗ degree repair before this course

Duration: 2 hours hands-on workshop

Preparation before the course: 2 hours online learning
The online course material is free to access during a 7-day trial period.

Watch the GynZone e-learning course on "2ⁿᵈ degree repair"
https://my.gynzone.com/courses/2-second-degree-tears

Diagnosing perineal trauma according to RCOG and WHO ICD 10 - 11
Classification: Birth lacerations of 2ⁿᵈ degree: a large variation in appearance

Suture materials, needles, and instruments
Suture materials: Quickly and standard absorbable sutures
Needle tips, safe surgical practice, minimal trauma to tissue
Surgical Instruments, Kelly Forceps, Allis forceps, Hegenberger Retractor

Suturing vaginal mucosa
Continuous sutures: visible and non-locking technique for vaginal mucosa

Suturing a 2ⁿᵈ degree laceration with continuous method
Continuous method: Method recommended in the NICE and RCOG guidelines
This method is suitable for simple perineal lacerations.
We will practice on a medical model developed by Vulva Enterprise

Suturing a 2ⁿᵈ degree laceration with interrupted stitches in perineal muscles
Mixed method: Interrupted stitches to align perineal muscles end-to-end
This technique might be favourable in difficult repairs and for beginners
We will introduce the use of Allis forceps to identify perineal muscles

Time and place

This workshop takes place in Aarhus, September 2022.
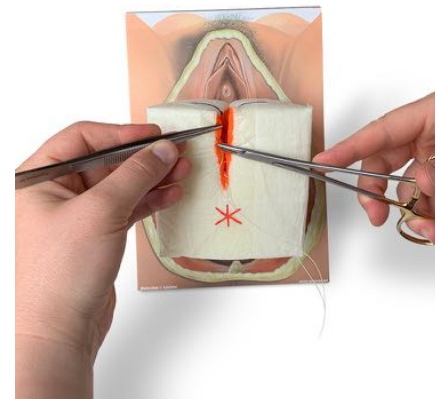Location: Musikhuset Aarhus, Thomas Jensens Allé, 8000 Aarhus C.
A maximum of 20 participants is allowed to secure individual supervision

Free for NLNB2022 delegates on a first-come-first-served basis.
Sign up as you register for the conference here: https://nlnb22.com/workshop
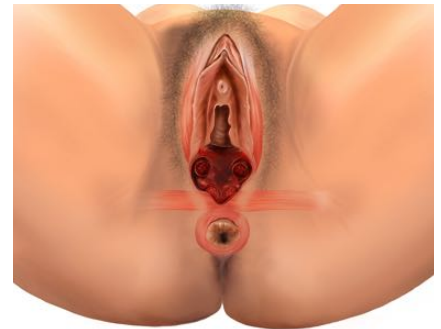
Diagnosing 2ⁿᵈ degree
Illustrations and photos

Suturing a 2nd degree tear
Models from Vulva Enterprise

Simulation
Time for individual feedback

E-learning, workshops and lectures: **www.gynzone.com**